

University of Cologne second floor, room no. 214 Building no. 216, Gronewaldstr. 2, 50931 Köln

HOW TO REGISTER

The workshop is open to students, young researchers, post-docs and professors. To ensure an in-depth exchange, the number of participants will be limited. If you are interested in participating in the workshop, please register before December 1st, 2014. You can do so online at:

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December 4th, 2014 from 6-7:30 pm

Recent Developments in Health Literacy Research in Canada

Dr. Sandra Vamos

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ABOUT THE WORKSHOP

Health literacy is a relatively new concept in healthrelated research and practice in Canada. Some segments of society experience lower levels of health literacy - including recent immigrants, the Aboriginal population, older adults, persons with less than a high school level of education and who receive social assistance, as well as people with low English and French proficiency. There are also provincial, territorial and regional differences in health literacy levels related to opportunities to access services and acquiring skills across the nation, particularly in rural areas. Canada is a multicultural society. The exploration of health literacy within the scope of culture is particularly important. The presentation will provide a snapshot of the recent developments of health research and practice in Canada. Select case studies of health literacy in practice using special populations having unique needs will be shared as noteworthy examples to demonstrate ways that health literacy efforts have been integrated to address health concerns and to promote individual and social empowerment in provinces and territories. How some of these approaches can inform health literacy activities, programs, and policies by others working in a health literacy context will be explored.



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EDUCATION

- Ed.D. Curriculum & Instruction, Specializing in Health Education, University of Sarasota, Florida (2003)
- Ed.S. Curriculum & Instruction, University of Sarasota, Florida (2001)
- M.Sc. Physical Education, Canisius College, New York (1998)
- Post Grad Dip. Ed., Teacher Certificate, Secondary Education (Physical Development, Health, & Physical Education; Science/Biology), University of Western Sydney, Australia (1995)
- B.P.E. McMaster University, Hamilton, Ontario (1994)

SELECTED PUBLICATIONS

Lohrmann, D.K., Vamos. S, & Yeung, P. (2012). Creating a healthy school using the healthy school report card: An ASCD action tool. (Canadian 2nd edition). Association for Supervision and Curriculum Development: Alexandria, Virginia. http://www.ascd.org/Publications/Books/112050overview.aspx

ARTICLES IN REFEREED JOURNALS

Vamos, S. (2011). Moving health literacy research into practice. Health, Environment & Education, 4, 35-41. http://hee-journal.com

Yeung, P., & Vamos, S. (2011). Health literacy roadmap initiative: conducting research, analysis, and knowledge development for a health literacy approach for all Canadians. Health, Environment & Education, 4, 42-51. http://hee-journal.com

Vamos, S., & Hayos, J. (2010). Putting health education on the public health map: The role of higher education. American Journal of Health Education, 41(5), 310-318.

BOOK CHAPTERS

Vamos, S., & Rootman, I. (2013). Health literacy as a lens for understanding non- communicable diseases and health promotion, in Global Handbook on Non-communicable Diseases and Health Promotion, D. McQueen (ed), Chapter 11, Springer Business-Science Media Publishing.

Vamos, S., & Frankish, J. (2013). Health literacy and non-communicable diseases, in Oxford Bibliographies in Public Health. D. McQueen (ed). New York, NY: Oxford University Press.

Rootman, I., & Vamos, S. (2013). Promoting health literacy through educational interventions, in WHO: The Solid Facts: Health Literacy, I. Kickbusch & P. Jurgen, WHO Euro.